R. A. D. Systems

R.A.D. is a program of realistic self-defense tactics and techniques for women. Specifically, it is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance. While R.A.D. is not a Martial Arts program, the program does provide the basics of hands-on defense training.

Visit www.miami.edu/police/selfdefense for upcoming class schedules and registration information.

Rape Aggression Defense is a women’s only physical defense program.

If you, at any point, have feared for your physical safety or are simply looking to educate yourself you should consider taking this course.

Take a stand and give yourself options!
WHY R.A.D.?

With over 7,000 instructors certified and 300,000 women trained, R.A.D. Systems is the country’s largest and fastest growing self-defense program for women and teens. The R.A.D. Systems curriculum is taught at over 400 Colleges and Universities across the United States and Canada, and is the only self-defense program ever to be endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).

R.A.D. is an international alliance of thousands of instructors united in offering practical options for responding to increasing acts of violence against women. We offer life-long opportunity for physical skill mastery provided through our trademark Lifetime Return and Practice Policy.

NEVER HESITATE TO CONTACT UM POLICE

UM Police Dispatch (305) 284-6666
UM Police Fax (305) 284-1541
UM Crime Prevention (305) 284-1105
SART Hotline (305) 798-6666

www.miami.edu/police